



JusB SUMMER PROJECT REPORT

Dates: Monday 26th July- Friday 19th August 2021

Times: 12pm - 5pm

Ages: between 11-18

Number of Young People: Between 8-12 daily

Number of Staff: 2-3



Introduction

This year the Summer programme took place just after the Covid 19 restrictions had been eased but we still observed social distancing where possible. This meant that we were able to book for activities that had been closed. The young people planned the programme with the youth workers. Some of the trips were funded by the young people who used their Jack Petchey winnings. We rotated between spending time at the local parks, organising big trips and spending time at JusB. Travelling was made easier since we were kindly given the use of Brook Lanes Community minibus minimizing the use of public transport.

Risk assessments were undertaken prior to each event and equipment, resources and all items handled. Young people were asked to take a covid test at the beginning of each week and were briefed on using sanitisers before and after using equipment. Information of the weekly schedule was shared through social media and the website. A light lunch was also provided daily which was pre-packed.

Activities

A varied timetable was created to address the wellbeing and mindfulness and enjoyment, so due to the fact that last year all venues were closed, we took advantage this year and organised trips which included: Go Ape which challenged physical aspects, Southend on Sea beach, Thorpe Park, Holland Park where we visited the Japanese Garden and took the opportunity to hold a photography competition taking pictures of the natural plants and wildlife, a round boat trip to Greenwich Park and Westminster where we walked around the Houses of Parliament, we celebrated a birthday at the Cinema then followed by a meal at Nando's.

To keep active at the parks there was social interaction, X Factor performances, music and dance, team games, tennis, badminton, cycling, roller skating, skateboarding and walks through the woods. Those who were good at skateboarding and skating shared tips with those who haven't yet worked out a technique.

Fun Day

This took place on the grounds of St Marys Church in the garden between 1-5pm. Since we could have larger gatherings, we decided that we would invite parents/carers' siblings and friends around 30 people attended. This event gave us the opportunity to meet and interact with the families and hear

their positive feedback about how JusB has help the young people and given support to themselves. Parents on the day also gave support by leading on face painting, the cooking of Jollof rice and coleslaw. A BBQ, henna, Face painting, henna and games which included potato and spoon race, three-legged race and skipping race. There was music and dancing which parents enjoyed and participated in. The event went very well, and everyone had fun.

1-2-1 Meetings

These meetings were undertaken spontaneously, when we could catch a quiet moment, when they were having down times or not taking part in the group sessions.

We talked about fears and expectations of starting college, of exam results and opportunities lost and gained. Support and praise were given to uplift moral and coping strategies were also discussed.

We also discussed their interests and future career options.

We are starting up the math support again term time following these discussions.

Feedback from Young People

The young people have formed a bond which had started part way through the Zoom sessions which we held during lockdown. They say there was a consensus that if they did not have a JusB Summer Programme to look forward to, and then have something to do to get out of the house, that they would be at home playing all day on their Xbox in isolation or using social media, with little or no exercise. They say they had fun but of course, we couldn't offer all the trips that were suggested. They had expressed that they would like the sessions to run longer in particular the major trips. They enjoyed the interaction and particularly their friends.

Evaluation

There was a good balance of activities catering for varied needs, young people were happy and had fun, the days were divided between interaction amongst themselves, trips, listening to music, keeping active and then competitions or debates and mindfulness sessions. They were safe and communication was clear and regular. The numbers increased and when the restrictions relaxed, we were able to include more, and we were able to speak to young people who expressed interest in joining the club. It was good to observe their interest in nature and watched how they tackled things that they were not confident with and how support was given from each other to help overcome insecurities. Gratification came when the parents/carers gave praise to the team for support.

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